Ellen
HeartWorks

REMARKABLE Resilience

EVERY CREATION IS A
JOURNEY OF TRIUMPH

"I honour every being with love of the highest level, and I let that emanate through me. It's how I keep my gratitude open and always available."

- Ellen

Ellen's Special Artistic Gifts and Qualities

Colors

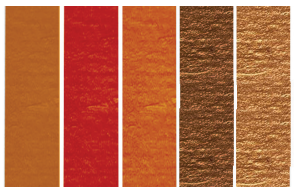
Ellen's chosen color palette whispers of renewal and grounding, with the gentle embrace of orange to soothe and elevate, evoking new beginnings.

Orange: soothes nervous tension, elevating depressive energy.

Red: for deeper ease and grounding.

Yellow: enhances comfort.

Gold: solar and cosmic integration.



Element Influence

Earth element: a nurturing embrace, weaving threads of grounding and harmony through her creations, like a steadfast anchor for new beginnings.

Geometric symbols

Merkabah: a symbol that raises consciousness and envelopes a protective embrace.

This is also used as Ellen's unique 'signature' in all of her artwork.

Inspirations

- Angel Number 1111, and a renewal, unification and grounding concept. New beginnings.
- Helping to clear depleting energy, and encourage/bring in harmony in one's own energy field.
- Staying grounded.

Aromatherapy

Immupower Blend: the energy of building, strengthening, protecting the body and support of immune system.

Blend contains: Hyssop, Ravensara, Mountain Bean Herb, Cumin, Carnation, Incense, Cistus, Oregano, and Idaho Tansy.

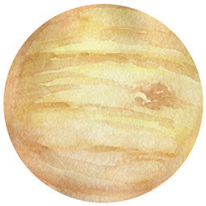
Gemstones

Pyrite: a power stone that harnesses the earth element, the powerful energies that ground you and guide your spirit to a place of higher wisdom.

Planet

Venus:

- Restoring balance.
- Love, beauty, and harmony, promoting deep connections, self-love, and a heightened appreciation for the arts and aesthetics.



Love Language

Words of affirmation: receiving positive encouragement, and letting it fill the heart.

Quality time: spending quality time with our own hearts, fostering self-acceptance and trust in the flow of life.

Chakra

Root:

- Regulation of those unconscious, primal programs.
- Hormonal balancing from the root energy.

Connection

Cleansing connections – too many depleting connections causes overwhelm.

Bringing awareness to the importance of this.

As part of the GCA (Gratitude ~ Connection ~ Action method)

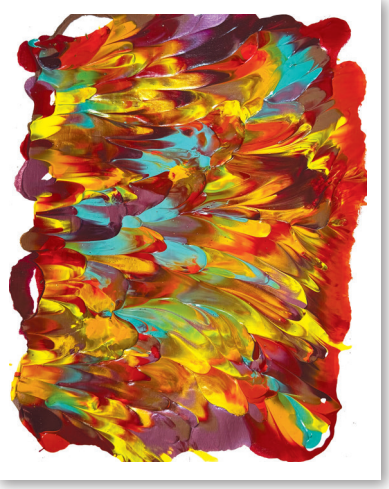
Ellen's Story extraordinary strength and determination

Ellen's story is one of remarkable resilience. Initially a temporary guest, she soon became an inseparable part of Allesha's family.

At five years old, Ellen embarked on a new chapter when it was decided to have a foal from her, leading to the birth of Jack (another of our Heartists). During this period, Ellen faced a challenging battle with moon blindness, a recurring uveitis in horses. With the assistance of a veterinarian and dedicated persistence from Ellen, they managed to save one of her eyes from this condition.

Ellen has overcome the loss of vision in one eye, she is a testament to her extraordinary strength, teaching us a lesson about resilience in the face of adversity. Her story is a reminder that with determination and the right support, we can overcome life's challenges and emerge even stronger.

Ellen's nurturing nature extends not only to her role as a mother to Jack but also to her interactions with people. Her soothing and guiding influence has touched many hearts.



Ellen's Offerings

Experience the essence of her artwork in your daily life. Elevate your space and self with Ellen's energy-infused creations. Explore her complete collection online.

Ellen's Gallery

Read more about Ellen online, view her full painting gallery, and more!

Watch Ellen's short biography video.